

◆ WITCHY WENDY'S ◆
**COMPLETE BOOK OF
SPELLS**

◆ VOLUME 2 ◆

Practical Magic for the Home Witch

*Glamour ◆ Love ◆ Contact ◆ Domination ◆ Breakup ◆ Money
◆ Revenge ◆ Protection ◆ Healing ◆ Luck ◆ Dreams*

— **Written by Witchy Wendy — © Copyright**
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Volume 2 — The Expanded Edition

Witchy Wendy's Complete Book of Spells: Volume 2
Practical Magic for the Home Witch

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◆ Dedication ◆

To every soul who has stood at the crossroads of the seen and
unseen,

who has whispered into the dark and dared to believe
something listens.

To the candle-lighters, the herb-gatherers, the moon-
watchers.

To anyone who ever looked at their life and said:

“There has to be another way.”

This book is yours.



◆ A Note from Witchy Wendy ◆

Welcome, curious one. If this book has found its way into your hands, it was not by accident. The universe has a way of delivering exactly what we need, precisely when we need it — and spellwork is simply the art of learning to speak the universe's language fluently.

I've been practicing home witchcraft for over thirty years. I started with a candle, a kitchen herb, and a desperate wish. I am not a hereditary witch. I came to this path the way most of us do: through need, through longing, through a moment of desperate quiet when everything else had failed and I whispered into the candlelight and something whispered back. That moment changed my life.

This book is for the home witch. Every spell here uses items you already have or can buy cheaply at the grocery store. No fancy altars required. No rare imports. Just you, your kitchen, and your will.

Before you begin, remember these ground rules:

- Intention is everything. A spell without clear intention is just a ritual without a soul.
- Believe as you cast. Doubt scatters energy. Confidence directs it.
- Harm none — including yourself. Magic returns to you, multiplied.
- Cleanse before you cast. Ground afterward.
- Use the My Spell Notes pages after each spell. Your records become your greatest magical asset.

Magic is not fantasy. It is the energetic foundation upon which action becomes amplified. When you cast a spell, you are engaging with the full spectrum of reality.

Now — light a candle. Take a breath. Let's begin.

Blessed be,

Witchy Wendy

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Chapter One

The Home Witch's Toolkit

Before you cast a single spell, you need to understand your tools. The good news? Most are already in your kitchen. This chapter is the foundation upon which everything else rests. Do not skip it.

The Three Laws of Spellwork

Law of Intent: Magic follows thought. Your intention is the blueprint, and the universe is the contractor. Be precise, honest, and clear about what you want.

Law of Return: Energy sent out returns to its source, multiplied. Work mindfully and with integrity.

Law of Timing: The universe operates in cycles. Moon phases, planetary hours, and days of the week all carry specific energetic signatures. Always consider timing.

Essential Tools — You Already Own These

Tool • Magical Use

White candles

Magical Use: General magic, clearing, protection, all-purpose

Black candles

Magical Use: Banishing, releasing, boundary-setting

Red candles

Magical Use: Passion, courage, strength, domination

Green candles

Magical Use: Money, abundance, growth

Pink candles

Magical Use: Love, friendship, self-care

Blue candles

Magical Use: Peace, communication, healing

Purple candles

Magical Use: Power, spiritual growth, intuition

Orange candles

Magical Use: Fast action, ambition, attraction

Yellow candles

Magical Use: Communication, clarity, intellect

Matches or lighter

Magical Use: Lighting flame — wooden matches carry earth energy

Small bowl

Magical Use: Mixing ingredients, burning petitions

Pen and paper

Magical Use: Writing petitions and intentions

Clear glass jar

Magical Use: Honey jars, protection jars, storage

Salt

Magical Use: Protection, cleansing, grounding

Water

Magical Use: Cleansing, charging, moon water

Olive oil

Magical Use: Anointing candles, dressing workings

Cotton thread or string

Magical Use: Tying knots, cord spells

A small mirror

Magical Use: Glamour spells, reversal, reflection

Your hands

Magical Use: The most powerful tool you own

Essential Herbs — From Your Spice Rack

Herb • Magical Use

Rosemary

Magical Use: Protection, memory, cleansing, banishing negativity

Basil

Magical Use: Money, love, protection, prosperity

Cinnamon

Magical Use: Speed, success, prosperity, attraction

Bay leaf

Magical Use: Wishes, manifestation, release, career success

Thyme

Magical Use: Courage, health, purification

Sage

Magical Use: Cleansing, wisdom, longevity, clearing space

Mint

Magical Use: Money, communication, energy, fast results

Ginger

Magical Use: Power, success, fire energy, amplification

Garlic

Magical Use: Protection, banishing, healing

Salt

Magical Use: Protection, purification, grounding

Lavender

Magical Use: Peace, psychic work, sleep, calming

Chamomile

Magical Use: Money, relaxation, peace, gentle love

Cloves

Magical Use: Protection, banishing, fast money, luck

Black pepper

Magical Use: Banishing, protection, breaking hexes

Lemon peel

Magical Use: Cleansing, happiness, road opening

Moon Phase Guide

Moon Phase • Energy • Best For

New Moon

Energy: Beginnings

Best For: New love, new ventures, planting intentions

Waxing Moon

Energy: Growth & increase

Best For: Attraction, drawing things toward you

Full Moon

Energy: Peak power

Best For: Any working — amplified tenfold

Waning Moon

Energy: Release & decrease

Best For: Banishing, breakups, removing obstacles

Dark Moon

Energy: Deep, shadowed

Best For: Shadow work, reversals, uncrossing

Days of the Week

Day • Planet • Best For

Monday

Planet: Moon

Best For: Intuition, dreams, emotions, psychic work

Tuesday

Planet: Mars

Best For: Courage, action, domination, protection, revenge

Wednesday

Planet: Mercury

Best For: Communication, learning, contact spells, travel

Thursday

Planet: Jupiter

Best For: Expansion, wealth, success, luck, abundance

Friday

Planet: Venus

Best For: Love, beauty, glamour, attraction, friendship

Saturday

Planet: Saturn

Best For: Banishing, binding, releasing, justice, endings

Sunday

Planet: Sun

Best For: Success, confidence, career, vitality, all-purpose

Cleansing Yourself Before Every Casting

Wash your hands and face with water. Say: “I wash away all that is not mine. I stand clear, I stand ready.” Take three deep breaths. Ground yourself by placing both feet flat and imagining roots growing down through the floor into the earth. You are now ready to work.



Chapter Two

Protection First: Warding & the Protection Sigil

Before you cast a single spell of love, money, glamour, or any other working in this book, you must protect yourself. This is not optional. Every time you cast a spell, you open yourself to the wider currents of the unseen world. Protection magic seals your boundary so that everything you do afterward is done from a position of safety, clarity, and control.

This chapter gives you a complete protection ritual to perform before any other magical work, and a protection sigil you can draw, carry, or display to maintain a constant ward.



Spell 0: The First Working — Foundational Protection Ritual

Perform this before casting any other spell. Best cast on Saturday or Sunday.

You Will Need

- A white candle
- Salt
- Dried rosemary
- A small bowl of water

Steps

Cleanse yourself first: wash your hands and face, take three deep breaths, and ground yourself by imagining roots extending from your feet into the earth.

Light the white candle. Pour a small circle of salt around your working space. Add a pinch of rosemary to the bowl of water.

Dip your fingertips in it and touch your forehead, throat, and chest, saying with each touch:

"I am warded. I am sealed. I am protected in mind, in voice, and in heart."

Hold your hands up, palms facing outward, and say firmly:

"Before I call upon any power, I seal my own. Nothing enters that I do not invite. Nothing follows me that does not serve my good. I cast from a place of safety. I work from a place of strength. This protection holds."

Sit with the candle for at least three minutes, feeling the boundary settle around you like a second skin. When you feel calm and steady, you are ready to proceed to any other working in this book.



◆ My Spell Notes ◆

Spell 0: The First Working — Foundational Protection Ritual

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

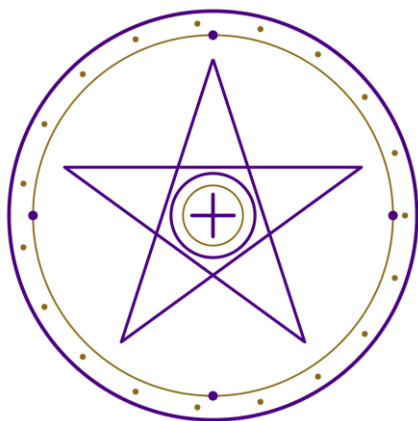
What I would do differently next time:

The Witchy Wendy Protection Sigil

A sigil is a symbol charged with a single focused intention — in this case, protection. This sigil combines several traditional warding elements: the unbroken outer circle (a closed boundary), the five-pointed star (a protective ward used across centuries of folk magic), the salt-circle dots ringing the band, the cardinal ward-knots at the four directions, and the central sealed cross.

Use this sigil by:

- Tracing it in the air with your finger before any spellwork
- Drawing it on a small piece of paper and carrying it with you
- Placing a printed or drawn copy by your front door
- Drawing it on the bottom of a candle before any major working



The Witchy Wendy Protection Sigil — trace, draw, or carry before any working

Spell 0.5: Charging the Protection Sigil

Activate the sigil so it holds real protective power.

You Will Need

- A copy of the sigil
- A white or black candle
- A pinch of salt

Steps

Light the candle. Place the sigil before you. Sprinkle a small pinch of salt around its border.

Hold your hands above the sigil, palms down, and say:

"This mark is my shield. This circle is my boundary. This star is my ward. I charge this sigil with my own protection, and it holds for me wherever I carry it, wherever I place it, wherever I trace it. So it is sealed."

Let the candle burn for at least ten minutes near the sigil. If carrying a paper copy, fold it toward you before placing it in your pocket. Recharge monthly.



◆ My Spell Notes ◆

Spell 0.5: Charging the Protection Sigil

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Three

Glamour & Personal Power Spells

Glamour magic amplifies your most magnetic qualities and brings them into sharp relief in the minds and eyes of those around you. These spells are not about changing who you are. They are about revealing the most powerful version of yourself.

Spell 1: Morning Mirror Glamour

For daily confidence and charisma. Cast every morning.

You Will Need

- A mirror
- Rose water or plain water with a pinch of salt in a spray bottle

Steps

Stand before your mirror. Hold your rosewater spray and mist the air in front of you. Look yourself in the eyes and say firmly:

"I see you. I claim you. I am radiant, I am seen, I am magnetic. Today, I move through the world as my fullest self. So be it."

Mist your face lightly (eyes closed) and repeat: "This is the face the world will remember." Do this every morning for 21 days. By day 7 you will notice a shift.



◆ My Spell Notes ◆

Spell 1: Morning Mirror Glamour

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 2: The Mirror Glamour — Radiate Beauty and Presence

Best cast on a Friday evening.

You Will Need

- A small hand mirror
- A pink or silver candle
- Rose water or rose oil
- A pinch of gold or silver glitter

Steps

Clean your mirror with rose water, wiping clockwise. Light the pink candle beside it so the flame reflects in the mirror's surface.

Gaze at your own reflection for one full minute, accepting what you see with compassion. Then begin to see yourself the way your most devoted admirer would. Trace your fingertips around the edge of the mirror and say:

"What is seen in this glass is seen in the world. Eyes that meet mine see luminance. Minds that encounter me remember me. I walk in my beauty, I rest in my grace, and every room I enter brightens because I am in it."

Sprinkle a tiny pinch of glitter on the mirror's surface. Breathe on it once. Use this mirror every morning, stating one true beautiful thing about yourself each time.



◆ My Spell Notes ◆

Spell 2: The Mirror Glamour — Radiate Beauty and Presence

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 3: Cinnamon Charisma Sachet

For social situations, meetings, or any time you need to command attention.

You Will Need

- A small cloth pouch
- Cinnamon powder
- A pinch of salt
- A bay leaf

Steps

Write your name on the bay leaf with a pen. Add cinnamon, salt, and the bay leaf to the pouch. Hold the pouch in both hands and say:

"I am magnetic. My words carry weight. People listen when I speak. My presence is felt."

Carry this pouch in your pocket or bag during any social situation. Recharge monthly under a full moon.



◆ My Spell Notes ◆

Spell 3: Cinnamon Charisma Sachet

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 4: Glamour Bath — Wash In Magnetism

Perform on a Friday evening for maximum effect.

You Will Need

- A warm bath
- 3 drops rose essential oil
- 3 drops jasmine essential oil
- A cup of whole milk or coconut milk
- A handful of dried rose petals
- A pinch of sea salt
- One pink candle

Steps

Add all ingredients to your warm bathwater, stirring clockwise. As you soak for at least fifteen minutes, visualize golden-pink light pouring down from above, radiating outward through every pore of your skin.

Hum or sing — the vibration of your voice in the water encodes it with your personal frequency. As you emerge, let the water air-dry on your skin. Say:

***"Beauty walks with me. Magnetism is
my cloak. I am seen, desired,
remembered, and radiant. This is my
truest self, unveiled."***



◆ My Spell Notes ◆

Spell 4: Glamour Bath — Wash In Magnetism

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 5: Confidence Candle — Command Attention

Best cast on a Sunday morning.

You Will Need

- A gold or orange candle
- Cinnamon oil or cinnamon powder
- Your own shoes

Steps

Anoint the candle with cinnamon oil. Light it. Remove your shoes and set them before the candle. Visualize yourself walking into every room with absolute certainty — unhurried, grounded, magnetic. Say:

"Every step I take carries power. Every word I speak carries weight. I enter every space as though I belong there — because I do. Confidence is not performance; it is my inheritance. I claim it now."

Let the candle burn for at least one hour. Put on your shoes and take seven deliberate steps forward.



◆ My Spell Notes ◆

Spell 5: Confidence Candle — Command Attention

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 6: Honey Lips Spell — Speak With Irresistible Power

Before any important conversation, interview, or presentation.

You Will Need

- Raw honey
- A candle in any colour

Steps

Light the candle. Dip your fingertip in honey and touch it gently to your lips. As you do, say:

"Every word I speak lands like gold. My voice is heard, believed, and remembered. People receive my words with warmth and openness. I speak with power and grace."

Then proceed with your conversation or presentation. The honey on your lips is a constant reminder of your own power as you speak.



◆ My Spell Notes ◆

Spell 6: Honey Lips Spell — Speak With Irresistible Power

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 7: Red Cord Power Ritual — Reclaim Your Personal Energy

For when you feel scattered, drained, or disconnected from your own strength.

You Will Need

- A red cord or ribbon, 12 inches
- A red candle

Steps

Light the red candle. Hold the red cord in both hands. Think of every situation or person that has been draining your energy. Then say:

"I call my energy back to me. Every piece of myself I have scattered, given away, or had taken — return now. I am whole. I am full. I am powerful and complete."

Tie the cord around your left wrist and wear it for one full day. Each time you see it, repeat: "I am whole." Remove and safely burn it the following morning.



◆ My Spell Notes ◆

Spell 7: Red Cord Power Ritual — Reclaim Your Personal Energy

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Four

Love & Attraction Spells

Love magic works best when used to attract genuine connection rather than to override another's will. These spells open doors. They do not force anyone through them.

Spell 8: Rose Quartz Self-Love Ritual

The most important love spell you'll ever cast. Friday evening, waxing moon.

You Will Need

- Pink candle
- Rose quartz (optional)
- Rose petals or rose water
- Honey
- A small mirror

Steps

Light the pink candle. Place it in front of the mirror. Look at yourself. Really look. Say out loud:

"I am worthy of love. I am deserving of tenderness. I offer myself the love I have always wanted from others. I fill my own cup first."

Dip a finger in honey and touch it to your lips: "My words to myself are sweet." Drip a drop of honey on the mirror: "May I see myself with sweetness." Sit with the candle for five minutes, breathing love into your own heart. Repeat weekly for one month.



◆ My Spell Notes ◆

Spell 8: Rose Quartz Self-Love Ritual

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 9: The Rose Honey Jar — Draw Love to You

Best cast on a Friday during a waxing or full moon.

You Will Need

- One small glass jar with a lid
- Raw honey
- Dried rose petals
- A pinch of cinnamon
- A small piece of paper and a red pen
- One pink or red candle

Steps

On the slip of paper, write three qualities you desire in a partner in the present tense. Fold the paper toward you three times. Place it at the bottom of the jar. Add rose petals and cinnamon. Pour honey over everything, saying:

"As this honey is sweet, so sweetness finds me. As this rose is beautiful, beauty recognizes beauty. Love in its truest form comes to me now."

Seal the jar. Light the pink candle and drip wax over the lid. Place the jar under your bed or on your nightstand.



◆ My Spell Notes ◆

Spell 9: The Rose Honey Jar — Draw Love to You

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 10: Attraction Candle — Draw a Specific Type of Partner

For when you know what you want but haven't met them yet. Friday, waxing moon.

You Will Need

- Pink candle
- Pen and paper
- Bay leaf
- Cinnamon

Steps

Light the pink candle. On the paper, write a detailed description of the person you want to attract — not just physical traits but how they make you feel. Fold the paper toward you three times. Place it under the candle. Sprinkle cinnamon over it. Say:

"I call to me a love that is good. A love that is true. A love that chooses me as I choose them. Let our paths cross in a way that feels like destiny. So be it."

Burn the bay leaf in the candle flame. Let the candle burn all the way down. Keep the folded paper in your bedside drawer until they appear.



◆ My Spell Notes ◆

Spell 10: Attraction Candle — Draw a Specific Type of Partner

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 11: Honey Jar to Sweeten an Existing Relationship

For deepening love with a partner, spouse, or friend.

You Will Need

- Small glass jar with lid
- Honey
- Paper and pen
- Rose petal or dried lavender
- Your partner's photo or written name

Steps

Write your partner's name on the paper three times. Turn the paper 90 degrees and write your name over theirs three times. Add the rose petal or lavender. Fold the paper toward you and place it in the jar. Fill with honey and say:

***"As this honey is sweet, so is our love.
As it sticks, so do we. Our bond grows
sweeter with each passing day. May
our words be kind. May our touch be
warm. May our love be forever
sweetened."***

Place the jar somewhere you see daily. Shake it gently when you think of them with love.



◆ My Spell Notes ◆

Spell 11: Honey Jar to Sweeten an Existing Relationship

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 12: Return to Me — Bring Back a Lost Love

Best cast on a Friday at the full moon. Repeat for three consecutive Fridays.

You Will Need

- A photograph or the person's name on red paper
- A red candle
- Rose oil
- A length of red cord
- A pinch of dried lavender

Steps

Anoint the red candle with rose oil, stroking upward to draw energy toward you. Light the candle. Hold the photograph and visualize the person clearly — happy, at ease, thinking of you warmly. Say:

***"What was between us is not finished.
The thread that connects us still hums. I
call to the love that remains, and I open
the door for it to return. [Name], you
are free to come back to me."***

Tie the red cord around the photograph three times. Sprinkle lavender over it. Keep this bundle near the candle until it burns down, then place it in a red cloth under your mattress.



◆ My Spell Notes ◆

Spell 12: Return to Me — Bring Back a Lost Love

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 13: Pink Candle Love Draw — Attract New Love Fast

*For calling new romantic energy into your life quickly.
Friday, waxing moon.*

You Will Need

- A pink candle
- Rose oil
- A pinch of cinnamon
- A small piece of rose quartz

Steps

Anoint the pink candle with rose oil from base to tip. Roll it lightly in cinnamon. Place the rose quartz beside the candle. Light it and visualize yourself in a loving relationship — feel the warmth, the laughter, the ease. Hold that feeling as you say:

***"Love comes to me now. Warm, real,
and true. I am ready to give love and I
am ready to receive it. The right person
finds me at exactly the right time. The
door is open. Come in."***

Let the candle burn for at least 30 minutes each evening for seven consecutive Fridays. Keep the rose quartz in your pocket or bra between sessions.



◆ My Spell Notes ◆

Spell 13: Pink Candle Love Draw — Attract New Love Fast

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 14: Open Heart Spell — Heal and Open After Heartbreak

For healing romantic wounds and opening to new love. Any night.

You Will Need

- Pink or white candle
- Rose quartz (optional)
- A small dish of water
- Dried rose petals

Steps

Light the candle beside your bed. Float rose petals in the dish of water. Hold the rose quartz or cup your hands over the water and say:

***"Every wound in my heart is healing.
Every wall I built is softening. I am
ready to love and be loved. I sleep with
an open heart and I wake with renewed
hope."***

Place the crystal under your pillow or the water dish beside your bed. Sleep. Pay attention to your dreams — they will show you what is healing.



◆ My Spell Notes ◆

Spell 14: Open Heart Spell — Heal and Open After Heartbreak

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Five

Communication & Contact Spells

These spells open the channels of communication between you and another person. They do not force — they invite.

Spell 15: Call Me Now — Make Someone Contact You

Fast-acting. Best cast on a Wednesday.

You Will Need

- Your mobile phone
- A yellow or orange candle
- A cinnamon stick
- A small piece of paper and a pen

Steps

Write the name of the person you wish to hear from on the paper. Fold it toward you three times. Place your phone on top of the folded paper. Lay the cinnamon stick across the phone. Light the yellow candle. Hold your hands over the phone and paper, feeling warmth build in your palms. Say three times with increasing conviction:

"[Name], think of me now. My name rises in your mind and will not be silenced. The urge to reach out grows stronger with every passing hour. You pick up your phone and contact me. The line between us opens — now."

Blow out the candle. Keep the paper under your phone until contact is made.



◆ My Spell Notes ◆

Spell 15: Call Me Now — Make Someone Contact You

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 16: Blue Candle Open Lines Spell

To encourage a specific person to contact you. Wednesday, waxing moon.

You Will Need

- Blue candle
- Pen and paper
- Honey (optional)

Steps

Light the blue candle. Write the person's name on the paper. Below it write: "I am on your mind. You feel the urge to reach out. You remember me with warmth." Fold the paper toward you. Place it under the candle. Add a drop of honey if you want extra sweetness. Say:

***"I open the channel between us.
Thoughts of me flow to you. You pick up
your phone. You type my name. You
reach out with kindness. The path
between us is clear."***

Let the candle burn for at least 15 minutes. Snuff it out — do not blow. Repeat on Wednesdays for three weeks, then release.



◆ My Spell Notes ◆

Spell 16: Blue Candle Open Lines Spell

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 17: Dream-Messaging Ritual

Send a message through the subconscious. Cast before bed.

You Will Need

- A photo or written name of the person
- A white candle
- Lavender (optional)

Steps

Light the white candle. Hold the photo or paper with their name and say:

"As you sleep tonight, I visit your dreams. You see my face. You feel my presence. You wake with the urge to speak to me. My voice echoes in your mind."

If using lavender, sprinkle a pinch on the paper. Put the photo or paper under your pillow. In the morning, burn the paper safely and release the intention.



◆ My Spell Notes ◆

Spell 17: Dream-Messaging Ritual

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 18: Sweeten Their Tongue — Ensure a Message is Received Well

Cast immediately before sending an important message.

You Will Need

- A teaspoon of honey
- A small white candle

Steps

Light the white candle. Dip your finger in honey and touch it to the back of your device or the paper on which your message is written. Say:

"As this honey sweetens, my words are sweetened. [Name] receives my message with warmth and openness. They respond with generosity, clarity, and goodwill. Our communication is blessed."

Then send your message or have your conversation.



◆ My Spell Notes ◆

Spell 18: Sweeten Their Tongue — Ensure a Message is Received Well

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 19: Speak Up Spell — Find Your Voice in Difficult Conversations

Before any confrontation, difficult conversation, or moment when you need to say what's true.

You Will Need

- A blue candle
- A pinch of thyme (courage herb)
- Your own voice

Steps

Light the blue candle and sprinkle a pinch of thyme beside it. Place your hand on your throat gently and take three deep breaths. Say:

"My voice is clear. My truth is valid. I speak what needs to be said with calm authority and without fear. My words land with clarity and are received honestly. I am heard."

Let the candle burn for ten minutes. Then extinguish it and go into your conversation. Carry a pinch of thyme in your pocket if the conversation is particularly challenging.



◆ My Spell Notes ◆

Spell 19: Speak Up Spell — Find Your Voice in Difficult Conversations

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Six

Domination & Influence Spells

Domination spells work with the energies of authority, influence, and will. They are drawn from powerful folk magic traditions and are used to place your will at the forefront of another person's attention. Use these with wisdom.

Spell 20: Boss Fix — Command Respect at Work

Best cast on a Tuesday or Sunday.

You Will Need

- A purple candle
- Bergamot essential oil
- A bay leaf
- A pen
- Calamus root (optional)

Steps

Write the name of the person or group you wish to influence on the bay leaf. Anoint the purple candle with bergamot oil, stroking downward from tip to base. Light the candle and hold the bay leaf in the flame until it catches, then drop it into a fireproof dish. As it burns, say:

"My word is law. My presence commands. Every room I enter, every meeting I attend, I am heard, respected, and obeyed. [Name] responds to me with cooperation and deference. I hold the authority here."

Let the candle burn completely. Carry a pinch of the bay leaf ash in your wallet or pocket when attending important meetings.



◆ My Spell Notes ◆

Spell 20: Boss Fix — Command Respect at Work

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 21: Keep Them Compliant

When someone has become difficult and is blocking your progress.

You Will Need

- One purple or black candle
- A small piece of paper with the target's name written nine times
- Calamus root or licorice root

Steps

Write the target's name nine times on the paper. Turn it 90 degrees and write your own name crossing and covering theirs. Fold the paper toward you. Place a pinch of licorice root inside the fold. Light the candle, hold the paper over the flame briefly without burning it, and say:

"As my name lies above yours, so my will stands above yours. You hear my voice and you comply. You see my face and you cooperate. I hold dominion in this situation."

Place the folded paper under the candle's base and let it burn down. Keep the paper in your shoe when dealing with this person.



◆ **My Spell Notes** ◆
Spell 21: Keep Them Compliant

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 22: Road-Opener for Career Growth

For promotions, job offers, or new business. Thursday, waxing moon.

You Will Need

- Purple or gold candle
- Cinnamon
- A key (any)
- Paper and pen

Steps

Light the candle. On the paper write: "My career path is open. New doors appear. I am seen, I am promoted, I am valued." Sprinkle cinnamon on the paper. Place the key on top and say:

"I unlock my next opportunity. The door swings open. I step through with confidence. This is my moment."

Keep the key in your pocket during interviews or important meetings.



◆ My Spell Notes ◆

Spell 22: Road-Opener for Career Growth

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 23: Crown of Authority Spell — Be Seen as the Leader

When you need to establish yourself as the authority in any group or situation.

You Will Need

- A gold or purple candle
- Frankincense oil or olive oil
- A bay leaf

Steps

Anoint the candle with frankincense oil. Write your name on the bay leaf and place it beneath the candle. Light the candle. Sit tall. Place one hand on the top of your head as if placing a crown and say:

***"I wear the crown of my own authority.
In every room, in every meeting, in
every exchange, I am the one others
look to. My leadership is recognized,
respected, and welcomed. I take my
rightful place."***

Burn the bay leaf in the candle flame. Let the candle burn for at least 30 minutes each day for a week before your important event or situation.



◆ My Spell Notes ◆

Spell 23: Crown of Authority Spell — Be Seen as the Leader

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Seven

Relationship & Breakup Spells

These spells are for ending relationships that have become toxic, controlling, or soul-draining, or for freeing yourself energetically from connections that no longer serve you.

Spell 24: Cord-Cutting Ritual

To sever emotional, spiritual, and energetic ties. Waning moon, Saturday.

You Will Need

- Two candles (one for you, one for them)
- Cotton string
- Scissors
- Fireproof bowl

Steps

Set the two candles 6 inches apart. Wrap the string around both loosely. Light both candles. Hold the string and say:

"I acknowledge what we were. I release what we are not. Every tie that binds me to you — I now cut. Every energy that clings — I now free."

Cut the string between the candles in one clean snip. Say: "It is done. I am free. I am whole." Burn the string in the candle flame. Let both candles burn down. Dispose of remains at a crossroads or in running water.



◆ **My Spell Notes** ◆
Spell 24: Cord-Cutting Ritual

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 25: Freezer Spell — Stop Toxic Behaviour

To freeze someone's negative actions toward you. Waning moon.

You Will Need

- Small sealable plastic bag
- Water
- Paper and pen
- A freezer

Steps

Write the person's name on the paper. Write exactly what behaviour you want to freeze underneath. Fold the paper away from you. Place it in the bag. Fill with water. Seal. Hold the bag and say:

"As this water freezes, so do their harmful words and actions. Their power over me is frozen. They cannot hurt me. I am safe."

Place the bag at the back of your freezer where you won't see it daily. To release the freeze, thaw and dispose of it outside your home.



◆ My Spell Notes ◆

Spell 25: Freezer Spell — Stop Toxic Behaviour

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 26: Separate Them — Break Up Two People

For dissolving a relationship causing harm. Waning moon, Saturday.

You Will Need

- Two black candles
- A lemon cut in half
- Black pepper and vinegar
- Names of both people on separate slips
- A black cloth

Steps

Place both slips of paper face-to-face inside the lemon's cut hollow. Sprinkle with black pepper and vinegar. Press the halves together and say:

***"What has been joined is now soured.
What was sweet between [Name 1] and
[Name 2] turns bitter. The bond
dissolves. They part ways in peace."***

Wrap the lemon in the black cloth. Dispose of it far from both parties' homes. Light the two black candles facing away from each other.



◆ My Spell Notes ◆

Spell 26: Separate Them — Break Up Two People

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 27: Black Candle Release — Let Go After a Breakup

Saturday, waning moon.

You Will Need

- Black candle
- Paper and pen
- Fireproof bowl
- Dried rosemary

Steps

Light the black candle. Write everything you are releasing on the paper — their name, your pain, your hope that they would change. Hold the paper over the flame safely and say:

"I release you. I release me. I release the weight of what never was. I give this fire my grief. I give this smoke my goodbyes."

Drop the burning paper into the bowl. Sprinkle rosemary over the ashes: "I remember the good. I release the rest. I am free." Flush ashes or bury them away from your home.



◆ My Spell Notes ◆

Spell 27: Black Candle Release — Let Go After a Breakup

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 28: Salt and Pepper Separation Spell — Quick Release

A simple, powerful working for when you need to detach from someone fast.

You Will Need

- Salt
- Black pepper
- Paper with the person's name

Steps

Write the person's name on the paper. Sprinkle salt over it (purification) and then black pepper over it (banishing). Fold the paper away from you firmly, pressing the salt and pepper inside. Say:

"Salt purifies. Pepper banishes. Your hold on me is dissolved. Your energy leaves my body, my mind, and my spirit now. We are separated cleanly and completely. I am free."

Dispose of the folded paper and its contents in a bin outside your home, not inside it. Wash your hands in cold water immediately after.



◆ My Spell Notes ◆

Spell 28: Salt and Pepper Separation Spell — Quick Release

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

A note before this spell: If you are in a dangerous or abusive relationship, your physical safety must come first. This working is designed to accompany real-world action — not

replace it. Please reach out to a trusted person, a domestic violence helpline, or a local shelter as part of your plan to leave safely. You deserve both magical support and practical help. Both are available to you.

Spell 29: The Safe Passage Spell — Break Free From a Dangerous Relationship

Written for those leaving toxic, abusive, or controlling relationships. Magic for courage, clarity, and protection during the hardest walk you may ever take.

You Will Need

- A black candle (for banishing and protection)
- A white candle (for clarity, courage, and your own safe path forward)
- A piece of paper and a pen
- A pair of scissors
- Salt
- A fireproof bowl
- Optional: a pinch of rosemary (for protection) and black pepper (for banishing fear)

Steps

Choose a time when you are alone and will not be disturbed. Begin by cleansing yourself — wash your hands, take three grounding breaths, and feel your feet firmly on the floor. You are solid. You are real. You are already stronger than you know.

Set the black candle on the left and the white candle on the right. Light the black candle first. This candle represents the relationship you are leaving — the fear, the control, the harm. Sprinkle salt in a circle around it to contain its energy.

On the piece of paper, write the name of the person you are leaving and beneath it, write one word for every way this relationship has harmed you. Do not hold back. This paper is

private. This paper is yours. Write until you have said everything.

Fold the paper away from you — fold it firmly, pressing it closed. Then take the scissors and cut the paper in half. Cut it again. Keep cutting until it is in pieces. Say aloud as you cut:

“Every tie between us is cut. Every hold you have over me is severed. Your power to frighten me is cut. Your power to control me is cut. Your power to harm me is cut. I am no longer bound to you by fear, by habit, by hope, or by anything else. The cord is cut. It is done.”

Drop the cut pieces of paper into the fireproof bowl. Burn them safely. If you cannot burn them safely right now, fold them into a small bundle and dispose of them outside your home — far away from your living space.

Now light the white candle. Take a slow, deep breath. This candle is for you — for your safety, your courage, your clarity, and the path that opens before you. Hold your hands around it (not too close) and feel its warmth. Say:

“I am protected as I leave. Every step I take away from harm is guided and guarded. Doors open for me. Help comes when I need it. I am seen by those who will aid me. I move safely. I move surely. The way forward is lit, and I walk it now with courage I did not know I had until this moment. I am free. I will be free. I am already becoming free.”

Sit with the white candle for as long as you need. Cry if tears come — they are not weakness, they are release. When you feel ready, extinguish the black candle permanently — it does not get relit. Let the white candle burn for as long as it safely can. Keep a piece of it, if any remains, somewhere safe as a talisman of your own protection.

Optional: If you have rosemary and black pepper, carry a pinch of each in your pocket on the day you take your first real step toward leaving. Rosemary for protection, black pepper to banish fear from your path. Your courage is real. Your safety matters. This spell walks with you.



◆ My Spell Notes ◆

Spell 29: The Safe Passage Spell — Break Free From a Dangerous Relationship

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Eight

Money, Abundance & Prosperity Spells

Money spells are not about greed. They are about removing the energetic blocks that keep abundance at arm's length. You deserve abundance. Begin there.

Spell 30: The Green Candle Prosperity Spell

Thursday or Sunday, waxing moon.

You Will Need

- Green candle
- Cinnamon
- Bay leaf
- A coin
- Paper and pen
- Peppermint or patchouli oil

Steps

Anoint the candle with peppermint oil, stroking upward. Roll in cinnamon. On the paper, write a specific financial goal in the present tense. Place the coin on top. Hold your hands over it and say:

"Money flows to me easily. I am a magnet for prosperity. Opportunities find me. I am ready to receive. This coin is my seed. It grows."

Fold the paper toward you. Keep it with the coin in your wallet. Burn the candle fully. Repeat for seven consecutive Thursdays.



◆ My Spell Notes ◆

Spell 30: The Green Candle Prosperity Spell

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 31: Bay Leaf Wish Manifestation

Quick, effective, and done daily. Any day.

You Will Need

- Bay leaf
- Pen
- A candle (any colour)
- Fireproof bowl

Steps

Write a money wish on the bay leaf in one present-tense sentence: "I am paid [amount] for my services this month." Light the candle. Hold the bay leaf to the flame and drop it in the bowl as it burns. As it burns, say once:

"It is done."

Do this every morning for 7 days. By day 7 you will see movement.



◆ My Spell Notes ◆

Spell 31: Bay Leaf Wish Manifestation

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 32: The Prosperity Jar — Ongoing Abundance

Creates a continuing anchor for financial prosperity in your home.

You Will Need

- A wide-mouth glass jar
- Coins from three different denominations
- A small citrine or pyrite piece
- Dried basil, cinnamon sticks, bay leaves
- A written statement of your financial goal
- Green ribbon

Steps

Write your financial goal on paper in the present tense as though already achieved. Roll it toward you and tie with green ribbon. Layer all ingredients in the jar, speaking each one's purpose aloud as you add it. Seal the jar. Place it where money is managed in your home. Shake it gently each Thursday, repeating your goal aloud once.



◆ My Spell Notes ◆

Spell 32: The Prosperity Jar — Ongoing Abundance

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 33: Fast Cash Spell — Immediate Financial Influx

For times of immediate financial pressure.

You Will Need

- An orange candle
- A bay leaf
- A green ink pen
- Cinnamon oil

Steps

Write a specific amount of money on the bay leaf in green ink. Anoint the orange candle with cinnamon oil and light it. Hold the bay leaf between your palms and build heat, feeling genuine certainty this money is already on its way. Say:

"[Amount] comes to me swiftly and from expected or unexpected sources. The channel is open, the flow begins now. Money moves toward me with speed and ease. I receive this in gratitude."

Burn the bay leaf in the candle flame. Then immediately take one practical action toward your financial goal.



◆ My Spell Notes ◆

Spell 33: Fast Cash Spell — Immediate Financial Influx

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 34: Coin Charging Ritual — Create a Prosperity Talisman

Cast on a Thursday or during a full moon.

You Will Need

- A coin (any denomination)
- Green candle
- Salt
- Rosemary

Steps

Light the green candle. Pour a circle of salt around it. Place the coin in the centre. Sprinkle rosemary over the coin. Hold the coin and say:

"You are no longer just a coin. You are a magnet. Every dollar you touch multiplies. Every hand you pass through leaves money behind. You bring wealth to me always."

Carry this coin in your wallet. Never spend it. It is your permanent money talisman.



◆ My Spell Notes ◆

Spell 34: Coin Charging Ritual — Create a Prosperity Talisman

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 35: Cinnamon Door Spell — Blow Money Into Your Home

A traditional folk magic working for bringing money in at the start of each month.

You Will Need

- Ground cinnamon
- Your front door

Steps

On the first day of each month, stand at your front door facing inward (into your home). Place a small amount of ground cinnamon in your palm. Take a deep breath and blow the cinnamon through the doorway and into your home, saying as you blow:

"Cinnamon brings abundance. Money flows into this home this month and every month. Prosperity is welcome here. Come in."

The cinnamon on the floor just inside your door will work through the day — sweep it up by evening and discard it outside. This is one of the simplest and most consistently reported effective money workings in folk magic tradition.



◆ My Spell Notes ◆

Spell 35: Cinnamon Door Spell – Blow Money Into Your Home

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Nine

Revenge, Reversal & Justice Spells

The distinction between revenge magic and justice magic is crucial. Revenge wants someone to suffer. Justice wants wrongs to be righted. These spells call for universal justice — the consequences of another's actions returning to them appropriately. Work from that position and you stay in your power.

Spell 36: Mirror Box — Return Their Energy to Them

Reflects whatever energy a person sends back to them.

You Will Need

- A small cardboard or wooden box
- Small mirror pieces or reflective foil
- Glue
- The person's name on a slip of paper
- Black salt

Steps

Line the interior of the box with reflective material on all sides. Write the person's name on the paper, sprinkle it with black salt, and place it inside. Close the lid and say:

"What you send, you receive. What you cast toward me returns to you threefold. I am protected. You are accountable. The universe is the judge here, and I trust its perfect justice."

Keep the box in a dark place. When the situation resolves, bury or dispose of it outside your property.



◆ My Spell Notes ◆

Spell 36: Mirror Box — Return Their Energy to Them

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 37: Lemon Justice Spell — Sour Their Plans Against You

When someone is actively working against you. Waning moon, Saturday.

You Will Need

- A lemon
- A black pen
- 9 pins or nails
- Black pepper and cayenne
- A black candle

Steps

Write the person's name on the lemon. Push nine pins into it one at a time, naming with each pin one specific harm you wish to stop. Sprinkle with black pepper and cayenne. Light the black candle, hold the lemon over it briefly, and say:

"Your plans against me are soured and turned back. Every scheme unravels. Every lie collapses. I walk forward unscathed and vindicated."

Bury the lemon far from your home or dispose of it in a bin away from your property.



◆ My Spell Notes ◆

Spell 37: Lemon Justice Spell – Sour Their Plans Against You

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 38: Scales of Justice Ritual

*For when you've been wronged and need cosmic balance.
Sunday.*

You Will Need

- Two candles (one white, one black)
- A small object representing you
- Something representing the wrong done to you

Steps

Place the white candle on the left, black on the right. Put your object by the white candle and the wrong-object by the black. Light both and say:

"The scales of justice tilt. What was taken from me returns. What was done to me is balanced. The universe rights this wrong. Not through my hand — through the hand of fate."

Meditate on balance for 10 minutes. Let both candles burn down. Dispose of both remains at a crossroads.



◆ My Spell Notes ◆

Spell 38: Scales of Justice Ritual

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 39: Return-to-Sender

For when someone's energy is weighing on you. Waning moon, Saturday.

You Will Need

- Black candle
- Paper and pen
- Salt

Steps

Light the black candle. Write their name on the paper. Below it write: "Your energy returns to you. I return what is not mine. I cleanse myself of you." Fold the paper away from you. Draw a circle of salt around the candle. Place the paper inside. Say:

"I take no revenge. I hold no grudge. I simply return what belongs to you. I am free. You carry your own weight."

Burn the paper in the candle flame. Flush the ashes.



◆ My Spell Notes ◆

Spell 39: Return-to-Sender

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 40: Hot Foot Powder — Send Someone Out of Your Life

A traditional hoodoo working to make a troublesome person remove themselves from your life or space.

You Will Need

- Black pepper
- Cayenne pepper
- Salt
- A pinch of dirt (from outside)
- Paper with the person's name

Steps

Mix equal parts black pepper, cayenne, and salt. Add a pinch of dirt. Write the person's name on the paper and tear it into small pieces, mixing it into the powder. Say:

"Your feet become restless where I am concerned. You want to leave. You feel the pull to move on, to go elsewhere, to find another space. You leave my life, my work, my space willingly and completely. Go."

Sprinkle a small amount of this mixture near the person's usual area or path (their desk, doorstep, usual route) if safely possible. Alternatively, blow it away from you at a crossroads, saying their name as you blow.



◆ My Spell Notes ◆

Spell 40: Hot Foot Powder — Send Someone Out of Your Life

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Ten

Protection & Banishing Spells

Protection work is the foundation of all magical practice. These workings range from simple daily practices to powerful long-term protections for yourself and your home.

Spell 41: Salt Barrier Across Doors

The oldest protection spell there is. Any time.

You Will Need

- Salt

Steps

Take a pinch of salt and draw a line across your front doorstep, the bottom of your bedroom door, or your windowsills. Say:

"Only love may cross this line. Only peace may enter here. No harm, no hate, no ill intent may pass."

Leave the salt in place. Sweep it away weekly and reapply.



◆ My Spell Notes ◆

Spell 41: Salt Barrier Across Doors

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 42: Salt Circle — Protect Your Home

Walk the perimeter of your home. Saturday, waning moon.

You Will Need

- Sea salt or black salt

Steps

Walk the perimeter of your home sprinkling salt along doorways, windowsills, and exterior boundaries. At each point say:

***"Nothing harmful crosses this
threshold. My home is a sanctuary of
peace, love, and protection. All energies
that do not serve the highest good of
those who dwell here are turned away.
This boundary is sealed."***

Replace the salt every three months, after illness, or after a person who carries difficult energy has visited.



◆ My Spell Notes ◆

Spell 42: Salt Circle — Protect Your Home

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 43: Rosemary Protection Sachet

Carry this for personal shielding. Any day.

You Will Need

- Dried rosemary
- Small cloth pouch
- Black thread

Steps

Fill the pouch with rosemary. Tie the pouch with black thread, tying three knots. Hold it and say:

***"I am warded. I am safe. No ill eye sees
me. No harmful hand touches me. I
walk in light."***

Carry it in your pocket, bag, or wear it as a necklace.



◆ My Spell Notes ◆

Spell 43: Rosemary Protection Sachet

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 44: Uncrossing Bath — Remove a Jinx

If you feel hexed or are experiencing inexplicable bad luck.

You Will Need

- Hyssop herb (dried)
- Sea salt
- Fresh lemon juice
- A white candle

Steps

Steep the hyssop in boiling water for five minutes. Strain into your bathwater along with sea salt and lemon juice. Light the white candle. Enter the bath and pour water over your head three times, saying with each pour:

"All that has been placed upon me is removed. Every crossed condition dissolves. Every hex, every jinx, every ill-wish lifts from me now. I emerge clean, clear, and free."

Sit for fifteen minutes minimum. Visualize all negativity swirling away as you drain the tub. Perform for three consecutive days for serious conditions.



◆ My Spell Notes ◆

Spell 44: Uncrossing Bath — Remove a Jinx

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 45: The Witch Bottle — Permanent Home Protection

A European folk magic tradition. Bury it once and it works continuously.

You Will Need

- A glass bottle with a tight lid
- Nails, pins, or thorns
- Black salt, bay leaves, rosemary
- Your urine or red wine as substitute

Steps

Add the nails, pins, or thorns to the bottle first. Add the herbs. Fill with your urine or red wine. Say:

"This bottle guards my home and all who dwell within it. Any negative energy, hex, or ill will sent toward this home is caught here, neutralized, and rendered harmless. My home is protected by my own power, sealed and sovereign."

Seal the bottle tightly. Bury it near the front entrance of your home. It does not need to be replaced unless your circumstances change dramatically.



◆ My Spell Notes ◆

Spell 45: The Witch Bottle — Permanent Home Protection

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 46: Evil Eye Removal Ritual

For when you feel someone has given you the evil eye or cast envy at you.

You Will Need

- An egg
- A glass of water
- Salt

Steps

Take the uncracked egg and roll it over your entire body from the top of your head downward, imagining it absorbing all negative energy, envy, and ill-wishing that has been directed at you. Roll slowly and intentionally. Say:

"This egg absorbs all that was sent against me. Every envious eye, every wishing of harm, every negative intention — you are drawn into this egg. You leave my body. You leave my energy. You leave my life."

When finished, crack the egg into the glass of water. If the yolk is surrounded by bubbles, strings, or unusual shapes, this indicates the evil eye was indeed present. Add a pinch of salt to the water. Pour the contents down the toilet or drain and flush immediately. Wash your hands with salt water.



◆ My Spell Notes ◆

Spell 46: Evil Eye Removal Ritual

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Eleven

Healing & Wellness Spells

These spells work alongside — never in replacement of — professional medical care. Always consult a qualified healthcare provider for any medical condition.

Spell 47: Blue Candle Healing Spell

*Direct healing energy toward yourself or a loved one.
Waxing or full moon.*

You Will Need

- A blue candle
- Eucalyptus or lavender oil
- A photo or name of the person to be healed

Steps

Anoint the blue candle with eucalyptus or lavender oil. Place the photo or name paper beneath it. Light the candle. Visualize the person surrounded by healing blue light, filling every cell with vitality. Say:

"Healing flows to [name] now. Every cell aligns with perfect health. The body knows how to heal — and it is healing now. Pain diminishes. Vitality returns. Wholeness is restored."

Burn the candle for thirty minutes daily until it is finished.



◆ My Spell Notes ◆

Spell 47: Blue Candle Healing Spell

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 48: Grief Release Ritual — Heal a Broken Heart

Honour your grief and create space for healing. Any time.

You Will Need

- A pink and a white candle
- Rose water
- A bowl of water
- Dried rose petals

Steps

Set the bowl of water before you. Float the rose petals on the surface. Sprinkle rose water. Light both candles. Allow tears if they come — they are release, not weakness. Place your hands in the rose water and speak to the grief directly. Say everything you need to say. When finished, say:

"I have loved. I have lost. Both are true and both are real. I honour what was and I release what cannot be. My heart is not broken beyond repair — it is open. And from openness, new love and new joy will grow. I am healing. I am healed."

Pour the bowl of water outside, onto the earth. The earth absorbs grief and transforms it into growth.



◆ My Spell Notes ◆

Spell 48: Grief Release Ritual — Heal a Broken Heart

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 49: Anxiety Release Candle — Calm an Overactive Mind

For nights of worry, anxiety, or spiralling thoughts.

You Will Need

- A blue or white candle
- Lavender oil
- A pinch of chamomile

Steps

Anoint the candle with lavender oil. Sprinkle a pinch of chamomile around its base. Light the candle and sit quietly, watching the flame. Take ten slow breaths. On each exhale, visualize grey smoke leaving your body carrying the anxiety with it. Say:

***"My mind is calm. My body is safe.
There is nothing I must solve right now
in this moment. I release what I cannot
control tonight. I rest in peace and I
wake refreshed and clear."***

Let the candle burn for 20 minutes. If going to bed, extinguish it safely. Do not leave burning candles unattended while sleeping.



◆ My Spell Notes ◆

Spell 49: Anxiety Release Candle — Calm an Overactive Mind

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Twelve

Luck & Opportunity Spells

Luck magic works by aligning you with the flow of possibility. These spells tune your energy to receive.

Spell 50: Lucky Hand Root Mojo — All-Purpose Luck Charm

A cornerstone of hoodoo tradition.

You Will Need

- A green or gold flannel bag
- Lucky Hand root (spiritual supply stores)
- A small pyrite piece
- A bay leaf with your wish on it
- Three coins
- A pinch of cinnamon

Steps

Hold each item in your hands before placing it in the bag, visualizing your desired luck flowing through it. Once all items are in the bag, breathe on it three times to enliven it. Say:

"This bag is alive with luck, with fortune, with blessing. Every day I carry this, opportunity meets me, luck finds me, and the right doors open at exactly the right moment."

Carry the bag on your person. Feed it weekly with a drop of oil.



◆ My Spell Notes ◆

Spell 50: Lucky Hand Root Mojo — All-Purpose Luck Charm

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 51: Open Roads Spell — Remove Blockages to Success

For when effort produces no results and doors stay shut.

You Will Need

- A yellow candle
- A key
- Lemon peels

Steps

Place the key and lemon peels before the yellow candle. Light the candle. Spend five minutes identifying the specific blockage. Name it. Then say:

***"Every blocked road before me opens.
Every closed door swings wide. [Name
the blockage] is removed from my path
by the power of my will. My road is
open. My way is clear. Progress begins
now."***

Carry the key with you for one lunar cycle.



◆ My Spell Notes ◆

Spell 51: Open Roads Spell — Remove Blockages to Success

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 52: Thursday Jupiter Luck Bath — Soak In Fortune

Thursday evening, any moon phase.

You Will Need

- A warm bath
- 3 drops cinnamon oil (or a cinnamon stick)
- A handful of fresh or dried basil
- Three gold or copper coins
- A green candle

Steps

Add the cinnamon, basil, and coins to your bathwater. Light the green candle. As you soak, visualize opportunities and good fortune literally washing over and into you — through every pore, coating your aura in gold. Say:

"Jupiter's abundance finds me. Fortune favours me. Luck is my natural state. Every Thursday is a new wave of opportunity and I ride it with grace and confidence."

Retrieve the coins from the bath when finished, dry them, and carry them in your wallet as luck talismans. Repeat every Thursday for one month for maximum effect.



◆ My Spell Notes ◆

Spell 52: Thursday Jupiter Luck Bath — Soak In Fortune

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Thirteen

Dream & Psychic Spells

These spells work with the unconscious mind and the psychic sense. The veil between waking consciousness and the dream-world is thinnest just before sleep.

Spell 53: Prophetic Dream Pillow

Produce vivid, meaningful dreams. Note: do not use mugwort during pregnancy.

You Will Need

- A small cloth pouch
- Mugwort
- Lavender
- Rose petals
- A small amethyst or moonstone

Steps

Fill the pouch with herbs and crystal, mixing with your hands as you visualize your dream life becoming vivid and clear. Say:

"As I sleep, the veil grows thin. My psychic mind receives clearly. My dreams carry truth. I remember what is shown to me and I understand its meaning upon waking."

Place the pillow inside your regular pillowcase. Keep a dream journal beside your bed and write immediately upon waking.



◆ **My Spell Notes** ◆
Spell 53: Prophetic Dream Pillow

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 54: Third Eye Awakening Oil

Apply before divination, meditation, or dreamwork.

You Will Need

- A small dark glass bottle
- Jojoba or almond carrier oil
- 3 drops clary sage essential oil
- 2 drops frankincense essential oil
- A small amethyst chip

Steps

Combine all oils in the bottle. Add the amethyst chip. Seal and roll between your palms to blend. Hold the bottle to your lips and breathe your intention into it: "This oil awakens my sight." Apply one drop to your third eye (between and slightly above your eyebrows) before any psychic work. Say:

"My inner eye opens. I see clearly. I perceive truly. What is hidden becomes known to me, and I receive all information with clarity and wisdom."



◆ My Spell Notes ◆

Spell 54: Third Eye Awakening Oil

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 55: Moon Water Psychic Brew — Enhance Intuition

Made the night of the full moon.

You Will Need

- A clear glass jar
- Spring water or filtered water
- A small amethyst or clear quartz placed inside the jar

Steps

Fill the jar with water. Drop in the crystal. Hold the jar up toward the moon (through a window is fine) and say:

***"Moon, charge this water with your
light, your wisdom, and your knowing.
This water carries your psychic power.
All who drink it or use it in ritual
receive the gift of clear sight and deep
intuition."***

Leave the jar on your windowsill overnight where moonlight will fall on it. In the morning it is ready. Use it for psychic baths, to anoint your third eye, to water plants in your sacred space, or to add to any spell that requires enhanced intuition. Store in the refrigerator and use within one month.



◆ My Spell Notes ◆

Spell 55: Moon Water Psychic Brew — Enhance Intuition

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Fourteen

Binding Spells

A binding spell stops someone from taking a specific action — usually harming you or others. It does not hurt the target; it restrains them. Think of it as energetically locking a door they should not open.

Spell 56: The Freeze Spell — Stop Someone Cold

Stops a person from taking action against you.

You Will Need

- A small piece of paper with the person's name
- A small jar for the freezer
- Water

Steps

Write the person's name on the paper. If stopping a specific action, write it beneath their name. Fold the paper away from you. Place in the jar and cover with water. Say:

***"[Name], you are frozen. Your actions
against me are frozen. Your words
about me are frozen. Your plans are
frozen. You cannot move against me.
You are still, and I am free."***

Place the jar in the back of your freezer. Leave it until the situation resolves. To release, remove the jar, let it thaw outside your home, and discard.



◆ My Spell Notes ◆

Spell 56: The Freeze Spell — Stop Someone Cold

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 57: Cord Binding — Prevent Harm from a Specific Person

A ceremonial binding to physically represent restraint of another's harmful actions.

You Will Need

- A black candle
- A figure representing the person (cloth, paper)
- Black thread or cord
- The person's name on a slip of paper

Steps

Light the black candle. Focus your mind on the specific harmful action you wish to stop. Begin wrapping the figure tightly with black cord from the head downward, saying:

"I bind you, [Name], from causing harm. I bind your words that they may not slander. I bind your hands that they may not steal or strike. I bind you with harm to none, including you. This binding holds."

Seal the wrapped figure in a black cloth. Store in a dark, undisturbed place. Dispose of it when the threat passes.



◆ My Spell Notes ◆

Spell 57: Cord Binding — Prevent Harm from a Specific Person

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Fifteen

Cleansing & Uncrossing Spells

Regular cleansing practice is the hygiene of the magical practitioner. These workings should be used proactively — not only in response to problems.

Spell 58: Smoke Cleanse — Clear Your Home

The most immediate way to shift the energetic atmosphere of a space.

You Will Need

- Dried rosemary, lavender, bay leaves, cedar, or frankincense
- A heat-safe dish
- A feather or your hand

Steps

Open all windows and doors. Light your herbs. Begin at the front door and move counterclockwise through your home. Direct smoke into every corner. As you move, say:

"All that is heavy, leave this space. All that is stagnant, transform. All negativity, confusion, and ill will is cleared from this home. This space is cleansed, purified, and filled with light, peace, and positive energy."

When finished, stand at the open front door and direct the final smoke outward: "Go in peace." Close the door. Perform at minimum once per month.



◆ My Spell Notes ◆

Spell 58: Smoke Cleanse — Clear Your Home

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 59: Aura Cleanse — Clear Your Personal Energy Field

For when you are carrying energy that doesn't belong to you.

You Will Need

- Your hands
- Sea salt in a bowl
- A white candle

Steps

Light the white candle. Take a pinch of sea salt and rub it between your palms vigorously. Then brush your hands over your entire body from the top of your head downward — arms, torso, legs, feet — brushing off invisible debris. When finished, hold your hands over the bowl and tap them sharply three times. Say:

"What is not mine, I release. What I have collected that does not serve me, I return to the earth for transformation. I stand now in my own energy — clean, clear, and myself."

Rinse your hands in cold water. Flush or throw the salt outside.



◆ My Spell Notes ◆

Spell 59: Aura Cleanse — Clear Your Personal Energy Field

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 60: Vinegar Cleanse — Deep Clean After Conflict

After an argument, a bad day, or a difficult person has been in your space.

You Will Need

- White vinegar
- Water
- A mop or cloth
- A lemon (optional)

Steps

Mix white vinegar with water in a bucket. If using lemon, add the juice of one lemon. Mop or wipe down your floors and surfaces, working from the back of the home toward the front door, pushing the energy out ahead of you. As you work, say:

"All conflict, all tension, all residue of difficulty is dissolved. My home returns to its natural state of peace and harmony. What is not welcome here is washed away. This home is clear."

When finished, pour the dirty cleaning water down an outside drain — not inside your home. Open windows for at least fifteen minutes.



◆ My Spell Notes ◆

Spell 60: Vinegar Cleanse — Deep Clean After Conflict

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Sixteen

Kitchen Witch Magic

Kitchen witchcraft is the oldest form of domestic magic — it has been practiced in every culture on earth since humans first built fires and cooked food. The kitchen witch understands that every meal is a ritual, every ingredient is an herb, and every pot is a cauldron. You do not need a dedicated altar to practice powerful magic. Your kitchen is already sacred space. This chapter gives you the tools to weave intention into your everyday cooking, baking, and home rituals — so that magic is not something you do occasionally, but something woven into every aspect of your daily life.

The Kitchen Witch's Core Principle

Intent transforms the ordinary into the magical. Stirring a pot clockwise draws energy in. Stirring counterclockwise releases or banishes. Adding cinnamon to your morning coffee invites abundance into your day. Cooking a meal for someone you love with warmth and attention is a spell of devotion. Once you understand this, your kitchen becomes the most powerful magical space you own.

Magical Cooking Correspondences

Ingredient • Magical Property • Best Used In

Honey

Magical Property: Love, sweetness, attraction, binding

Best Used In: Love spells, sweetening jars, glamour teas

Cinnamon

Magical Property: Success, speed, money, passion

Best Used In: Morning coffee, prosperity cooking, love food

Basil

Magical Property: Money, love, protection

Best Used In: Pasta, soups, any savory dish with financial intention

Rosemary

Magical Property: Protection, clarity, memory, love

Best Used In: Roasted meats, bread, herbal oils, cleansing teas

Ginger

Magical Property: Power, energy, money, passion

Best Used In: Stir-fries, teas, cookies, morning rituals

Garlic

Magical Property: Protection, banishing, healing

Best Used In: Any savory dish where protection is needed

Lemon

Magical Property: Cleansing, happiness, road-opening

Best Used In: Teas, dressings, morning water, cleansing drinks

Mint

Magical Property: Money, energy, communication

Best Used In: Teas, cocktails, summer dishes

Bay leaf

Magical Property: Wishes, success, manifestation

Best Used In: Write a wish, add to soups and stews while cooking

Salt

Magical Property: Protection, purification, grounding

Best Used In: Add to any dish to cleanse and protect

Apple

Magical Property: Love, wisdom, beauty, abundance

Best Used In: Desserts, salads, autumn offerings

Egg

Magical Property: New beginnings, potential, protection

Best Used In: Baked goods, morning rituals, fertility

Milk or cream

Magical Property: Nurturing, the feminine, abundance

Best Used In: Soups, teas, love potions

Vanilla

Magical Property: Love, comfort, happiness, mental clarity

Best Used In: Desserts, teas, self-love rituals

Olive oil

Magical Property: Healing, peace, protection, abundance

Best Used In: All anointing, cooking with healing intent

Spell 61: Intention Tea Ritual — Start Every Day With Magic

A daily morning practice that takes three minutes and sets your magical intention for the day.

You Will Need

- Your favourite tea or herbal blend
- A mug
- Honey (optional)

Steps

As your water heats, think of one clear intention for the day. Just one. Not a wish list — one focused desire or goal. As you pour the water over your tea, say:

"As this water transforms, so does my day. I pour my intention into this cup and I drink it into my body. [State your intention]. This is done. This day is mine."

If adding honey, stir it clockwise and say "sweetness comes to me today." Drink your tea slowly and deliberately, holding your intention in mind with each sip. This simple ritual done consistently is one of the most powerful practices in this book.



◆ My Spell Notes ◆

Spell 61: Intention Tea Ritual — Start Every Day With Magic

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 62: Prosperity Pot Spell — Cook Abundance Into Your Meals

Do this when cooking any soup, stew, or sauce — the cooking time amplifies the magic.

You Will Need

- Any soup, stew, or sauce you are already making
- Basil
- Bay leaf
- Cinnamon (a pinch)
- Your wooden spoon

Steps

As you cook, add a pinch of basil ("for abundance"), a bay leaf ("for manifestation"), and the tiniest pinch of cinnamon ("for speed"). As you stir the pot clockwise, say:

***"I stir abundance into this meal.
Everyone who eats this food receives
nourishment, energy, and the blessing
of prosperity. Money flows to this
household. Good fortune is stirred in."***

Remove the bay leaf before serving. The magic is cooked into the dish and served to all who eat it. This works especially well for family dinners or when cooking for people you want to bless.



◆ My Spell Notes ◆

Spell 62: Prosperity Pot Spell — Cook Abundance Into Your Meals

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 63: Love and Harmony Baking Spell

For sweetening relationships with anyone who will eat what you bake.

You Will Need

- Any baked good you are making (cookies, bread, cake)
- A pinch of cinnamon
- Vanilla extract
- Your hands and your intention

Steps

As you mix your batter or dough, add a pinch of cinnamon and a splash of vanilla. Stir or knead clockwise. Visualize the person or people who will eat this glowing with warmth and ease toward you. As you work, say:

"Love and harmony are baked into this food. Those who eat it feel warmth toward me and toward each other. Sweetness, kindness, and goodwill rise in this kitchen and go with every bite."

As you place the baking in the oven, blow a gentle breath toward the oven and say: "It is done." The heat of the oven seals the working.



◆ My Spell Notes ◆

Spell 63: Love and Harmony Baking Spell

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Spell 64: Kitchen Protection Simmer Pot — Fill Your Home With Protective Energy

A traditional hearth magic working. Can be simmered any time your home feels heavy or unsettled.

You Will Need

- A small pot of water
- Orange or lemon peel
- Cinnamon sticks
- Cloves
- Rosemary
- Bay leaves

Steps

Place all ingredients in the pot of water. Bring to a gentle simmer on the lowest heat. As it begins to release its fragrance through your home, say:

"Every room in this home fills with protection, peace, and warmth. The scent of this brew carries a ward through every door, every window, every corner. My home is protected. My family is safe. All is well here."

Let it simmer for at least 30 minutes, adding more water as needed so it never runs dry. Never leave a simmering pot unattended. The aroma is the magic being distributed through your home by the steam.



◆ My Spell Notes ◆

Spell 64: Kitchen Protection Simmer Pot — Fill Your Home With Protective Energy

Date cast:

Moon phase:

Day of the week:

What I used:

My intention:

What I felt during casting:

Signs I noticed within 24 hours:

What shifted in the days that followed:

Did it work? How and when?:

What I would do differently next time:

Chapter Seventeen

Candle Magic Mastery

Candle magic underpins virtually every working in this grimoire. The candle is the most versatile, accessible, and energetically effective tool available to the home practitioner.

Colour Correspondences

Colour • Planet • Primary Use

White

Planet: Moon

Primary Use: Purity, peace, clarity, all-purpose substitute for any colour

Red

Planet: Mars

Primary Use: Passion, love, lust, courage, strength, action

Pink

Planet: Venus

Primary Use: Romantic love, emotional healing, self-love, friendship

Orange

Planet: Sun

Primary Use: Ambition, fast action, career, attraction, confidence

Yellow

Planet: Mercury

Primary Use: Communication, intellect, clarity, legal matters

Green

Planet: Venus

Primary Use: Money, abundance, growth, fertility, health

Blue

Planet: Mercury

Primary Use: Healing, peace, calm, truth, psychic work

Purple

Planet: Jupiter

Primary Use: Psychic ability, spiritual work, power, ambition

Black

Planet: Saturn

Primary Use: Banishing, protection, reversal, endings, absorbing negativity

Gold

Planet: Sun

Primary Use: Solar energy, success, wealth, authority

Silver

Planet: Moon

Primary Use: Lunar energy, intuition, dreams, the feminine

How to Dress a Candle

Dressing a candle means anointing it with oil to align it with your purpose. Stroke oil toward you to draw things to you. Stroke oil away from you to send things away or banish. For drawing spells: stroke from both ends toward the middle. For banishing: stroke from the middle outward to both ends. For domination: stroke downward. Never stroke haphazardly.

Reading Candle Signs

High, bright flame: Strong energy; your working has power and is moving quickly.

Low, struggling flame: Energy is blocked; resistance is present.

Flame that splits into two: Two outcomes are possible; a decision may be involved.

Candle that goes out: The timing is wrong, or the working needs to be recast.

Rapid burn: Fast results but potentially fleeting — you may need to repeat.

Black soot on glass: Spiritual interference or blockage — consider protection work.

Clean burn with no residue: The spell was cast cleanly and is working effectively.

The Seven-Day Vigil Candle

The glass-encased seven-day candle is one of the most powerful candle formats for sustained workings. Choose a candle in the appropriate colour, anoint the top surface with oil, and write your petition on a piece of paper to place beneath it. Light on the first day and allow it to burn continuously. Read the glass at the end: a clean glass indicates success; residue, soot, or cracking tells you more work is needed.



Chapter Eighteen

Lunar & Seasonal Rituals

The practitioner who works with natural cycles will always be more effective than one who ignores them.

New Moon Intention Setting

Light a white candle. Write your intentions for the month ahead in the present tense. Read them aloud. Burn the paper in a safe bowl. Let the smoke carry your wishes.

Full Moon Release

Write what no longer serves you — habits, relationships, fears. Burn it under moonlight. Say: “I release you to the moon.” Charge your tools under moonlight by placing them on a windowsill overnight.

Making Moon Water

Fill a clean glass jar with spring water. Place it on a windowsill where moonlight will fall on it overnight. The full moon is most powerful. Seal and store in the refrigerator. Use in spellwork, to anoint tools, to add to baths, or to water plants.

Dark Moon Shadow Work

Sit in candlelight. Ask yourself: “What am I hiding from myself? What pattern keeps repeating? What am I afraid to want?” Journal the answers without judgment. This is the most powerful personal development practice in the witch’s arsenal.

The Wheel of the Year

Sabbat • Date • Theme • Spell Focus

Imbolc

Date: February 1

Theme: Renewal & return of light

Spell Focus: Cleansing, home protection, new projects

Ostara

Date: March 20

Theme: Balance & new beginnings

Spell Focus: Love, planting seeds, fresh starts

Beltane

Date: May 1

Theme: Passion & creativity

Spell Focus: Love, fertility, creative ventures, fire magic

Litha

Date: June 21

Theme: Peak power & fire

Spell Focus: Strength, success, career, solar charging

Lammas

Date: August 1

Theme: First harvest

Spell Focus: Abundance, gratitude, reaping rewards

Mabon

Date: September 21

Theme: Gratitude & balance

Spell Focus: Balance, thanksgiving, shadow work

Samhain

Date: October 31

Theme: Ancestors & release

Spell Focus: Letting go, ancestral connection, endings

Yule

Date: December 21

Theme: Rebirth & hope

Spell Focus: Hope, renewal, family, setting intentions



Appendix A

Correspondence Tables

Herb Correspondences

Herb • Planet • Element • Primary Use

Rosemary

Planet: Sun

Element: Fire

Primary Use: Protection, memory, cleansing

Basil

Planet: Mars

Element: Fire

Primary Use: Money, love, protection

Lavender

Planet: Mercury

Element: Air

Primary Use: Peace, psychic, sleep, calming

Rose

Planet: Venus

Element: Water

Primary Use: Love, beauty, attraction

Sage

Planet: Jupiter

Element: Air

Primary Use: Cleansing, wisdom, protection

Cinnamon

Planet: Sun

Element: Fire

Primary Use: Speed, success, prosperity, attraction

Mint

Planet: Mercury

Element: Air

Primary Use: Money, communication, energy

Thyme

Planet: Venus

Element: Water

Primary Use: Courage, health, purification

Ginger

Planet: Mars

Element: Fire

Primary Use: Power, success, fire energy

Bay leaf

Planet: Sun

Element: Fire

Primary Use: Wishes, manifestation, career

Mugwort

Planet: Moon

Element: Earth

Primary Use: Dreams, psychic, visions

Chamomile

Planet: Sun

Element: Water

Primary Use: Money, sleep, relaxation

Cloves

Planet: Jupiter

Element: Fire

Primary Use: Protection, banishing, fast money

Garlic

Planet: Mars

Element: Fire

Primary Use: Protection, banishing, healing

Lemon peel

Planet: Moon

Element: Water

Primary Use: Cleansing, happiness, road opening

Crystal Correspondences

Crystal • Element • Primary Use

Clear quartz

Element: All

Primary Use: Amplifier, all-purpose, charge any working

Amethyst

Element: Air

Primary Use: Peace, protection, sleep, psychic work

Rose quartz

Element: Water

Primary Use: Love, self-worth, emotional healing

Citrine

Element: Fire

Primary Use: Money, success, joy, career, confidence

Obsidian

Element: Earth

Primary Use: Protection, grounding, truth, reflection

Black tourmaline

Element: Earth

Primary Use: Protection, absorbing negativity, grounding

Pyrite

Element: Earth

Primary Use: Abundance, confidence, money, manifestation

Moonstone

Element: Water

Primary Use: Intuition, dreams, lunar magic, the feminine

Tiger's eye

Element: Fire

Primary Use: Courage, confidence, protection, success

Carnelian

Element: Fire

Primary Use: Motivation, creativity, courage, passion

Colour Correspondences

Colour • Planet • Element • Keywords

Red

Planet: Mars

Element: Fire

Keywords: Passion, courage, lust, action, power

Pink

Planet: Venus

Element: Water

Keywords: Love, tenderness, self-worth, friendship

Orange

Planet: Sun

Element: Fire

Keywords: Ambition, confidence, fast results, creativity

Yellow

Planet: Mercury

Element: Air

Keywords: Communication, intellect, clarity, travel

Green

Planet: Venus

Element: Earth

Keywords: Money, growth, health, nature, abundance

Blue

Planet: Mercury

Element: Water

Keywords: Healing, peace, truth, communication

Purple

Planet: Jupiter

Element: Fire

Keywords: Power, spirituality, psychic, ambition

Black

Planet: Saturn

Element: Earth

Keywords: Banishing, protection, endings, reversal

White

Planet: Moon

Element: All

Keywords: Purity, all-purpose, peace, clarity

Gold

Planet: Sun

Element: Fire

Keywords: Success, wealth, authority, solar energy

Silver

Planet: Moon

Element: Water

Keywords: Intuition, dreams, the feminine, cycles

Appendix B

Quick Reference — Spell by Need

Goal • Best Day • Candle Colour • Key Herbs & Tools

Protection (first)

Best Day: Saturday or Sunday

Candle Colour: White or black

Key Herbs & Tools: Salt, rosemary, white candle

Love & attraction

Best Day: Friday

Candle Colour: Pink or red

Key Herbs & Tools: Rose, rose quartz, honey, cinnamon

Self-love & glamour

Best Day: Friday

Candle Colour: Pink or silver

Key Herbs & Tools: Rose water, mirror, rose oil

Confidence & power

Best Day: Tuesday or Sunday

Candle Colour: Red or gold

Key Herbs & Tools: Cinnamon, ginger, orange candle

Contact someone

Best Day: Wednesday

Candle Colour: Blue or yellow

Key Herbs & Tools: Cinnamon, phone, paper petition

Domination & influence

Best Day: Tuesday or Sunday

Candle Colour: Purple or black

Key Herbs & Tools: Calamus root, bergamot, bay leaf

Break up a relationship

Best Day: Saturday

Candle Colour: Black

Key Herbs & Tools: Lemon, vinegar, black pepper

Release an attachment

Best Day: Saturday

Candle Colour: Black

Key Herbs & Tools: Rosemary, scissors, cord

Money, fast

Best Day: Any

Candle Colour: Orange or green

Key Herbs & Tools: Cinnamon, bay leaf, coin

Money, long-term

Best Day: Thursday

Candle Colour: Green

Key Herbs & Tools: Basil, citrine, bay leaf, jar

Justice & reversal

Best Day: Saturday or Sunday

Candle Colour: Black or white

Key Herbs & Tools: Mirror, salt, pins, lemon

Home protection

Best Day: Saturday

Candle Colour: Black or white

Key Herbs & Tools: Salt, rosemary, nails, witch bottle

Banishing a person

Best Day: Saturday

Candle Colour: Black

Key Herbs & Tools: Black salt, paper, freezer

Healing

Best Day: Any (waxing moon)

Candle Colour: Blue

Key Herbs & Tools: Lavender, eucalyptus, blue candle

Luck & opportunity

Best Day: Thursday or Sunday

Candle Colour: Gold or yellow

Key Herbs & Tools: Bay leaf, key, mojo bag

Psychic & dreams

Best Day: Monday

Candle Colour: Purple or white

Key Herbs & Tools: Mugwort, amethyst, lavender

Binding

Best Day: Saturday

Candle Colour: Black

Key Herbs & Tools: Black cord, figure, black salt

Cleansing self

Best Day: Any

Candle Colour: White

Key Herbs & Tools: Salt, rosemary, white candle

Cleansing home

Best Day: Saturday or new moon

Candle Colour: White

Key Herbs & Tools: Rosemary, sage, salt, smoke

Kitchen magic

Best Day: Any

Candle Colour: Any

Key Herbs & Tools: Herbs, honey, intention, wooden spoon

Appendix C

Beginner's Glossary of Magical Terms

Every craft has its language. Here are the key terms you'll encounter in your magical practice, defined plainly and without jargon.

Altar

A dedicated surface or space where you perform magical workings. It can be a table, a shelf, a tray you pull out when needed, or even a corner of your kitchen counter. The magic is in the intention you bring to the space, not the physical object itself.

Anointing

Applying oil to a candle, tool, crystal, or the body with intentional strokes to align it with a specific magical purpose.

Aura

The energetic field that surrounds every living being. It can absorb, carry, and transmit energy — which is why cleansing your aura regularly is an important part of magical hygiene.

Banishing

The magical act of removing, repelling, or sending away an unwanted person, energy, habit, or situation.

Binding

A spell that prevents someone from taking a specific action, usually harming you or others. A binding restrains — it does not curse.

Book of Shadows

A personal magical journal where a practitioner records spells, rituals, herbs, correspondences, dreams, and observations. Your My Spell Notes pages in this book are the beginning of your Book of Shadows.

Casting

The act of performing a spell or ritual; sending your intention into the energetic world.

Charging

Infusing an object (crystal, candle, sigil, water, talisman) with a specific intention or energy, usually through spoken words, visualization, moonlight, or breath.

Cleansing

Removing stagnant, negative, or unwanted energy from a person, space, or object. Different from banishing: cleansing purifies; banishing expels.

Conjure

A term used particularly in American folk magic and hoodoo traditions for the practice of spellwork and rootwork.

Cord-cutting

A ritual for severing energetic ties between yourself and another person, place, or situation.

Correspondences

The magical associations of colours, herbs, crystals, days, planets, and other elements. For example, cinnamon corresponds to speed and money; Friday corresponds to Venus and love.

Dark Moon

The night or two before the New Moon, when the moon is not visible. A powerful time for shadow work, reversals, and deep inner work.

Divination

The practice of seeking knowledge or guidance through magical means: tarot cards, runes, pendulums, scrying, dreams, and so on.

Dressing

See Anointing. Dressing a candle means anointing it with oil.

Elemental

Relating to the four classical elements: Fire, Water, Air, and Earth. Each element carries specific correspondences and energetic qualities used in magic.

Evil eye

A look or curse of envy or malice, believed to cause misfortune or harm to the recipient. Can be deliberate or unconscious.

Grounding

The practice of connecting your energy to the earth, releasing excess or scattered energy, and returning to a stable, centred state. Often done by standing barefoot on earth, visualizing roots, or eating after a working.

Glamour

A type of magic that affects how you are perceived by others — amplifying your personal magnetism, beauty, and presence.

Grimoire

A book of magical knowledge, spells, and rituals. The book you are holding is a grimoire.

Grounding

The act of connecting your energetic body to the stability of the earth. Always done after any significant magical working.

Hex

A curse or working of ill intent directed at a specific person. Not the same as a binding or a justice working.

Hoodoo

An American folk magic tradition with West African, Native American, and European roots. Characterised by highly practical workings using roots, herbs, candles, and petitions. Several spells in this book draw from hoodoo tradition.

Incantation

Words spoken during a magical working to direct and amplify intention. The chants in this book are incantations.

Intention

The clear, focused desire that powers a spell. The most important ingredient in any working.

Jinx

A mild curse or run of bad luck, often unintentional. Can be the result of someone's careless negative energy rather than deliberate harm.

Kitchen witchcraft

The magical practice of incorporating spellwork and intention into cooking, baking, and everyday domestic life.

Lodestone

A naturally occurring magnetic rock used in folk magic to attract desired people, situations, or outcomes.

Mojo bag

Also called a gris-gris bag or conjure bag. A small flannel bag filled with herbs, roots, and objects charged with a specific magical intention, carried on the person.

Moon water

Water charged with the energy of the moon (particularly the full moon) by leaving it in moonlight overnight. Used in spells, rituals, and cleansings.

New Moon

The first phase of the lunar cycle, when the moon is invisible. Best for new beginnings, planting intentions, and starting new workings.

Petition

A written statement of your desire or intention, used in many spell types. Usually written on paper and placed under a candle, folded into a jar, or burned as an offering.

Planetary hours

The traditional system of dividing the day into magical hours, each ruled by a planet. Used to time spellwork for maximum effectiveness.

Poppet

A small figure (made of cloth, wax, clay, or paper) used to represent a specific person in sympathetic magic. Often used in binding, healing, or attraction workings.

Rootwork

A term used in hoodoo tradition for the practice of folk magic using roots, herbs, and natural ingredients.

Sabbat

One of the eight seasonal celebrations on the Wheel of the Year, marking the solstices, equinoxes, and the cross-quarter days between them.

Sacred space

Any space that has been intentionally set aside and cleansed for magical work.

Sigil

A symbol charged with a specific magical intention. Often created by the practitioner and used as a focus for their will.

Simmer pot

A pot of water simmered on the stove with herbs, spices, and citrus peels, releasing their magical properties as fragrant steam through the home.

Smudging

Burning herbs and using the smoke to cleanse a space or person. Note: the term smudging is specific to certain Native American ceremonies; 'smoke cleansing' is the broader appropriate term for general magical practice.

Spell

A focused magical working designed to achieve a specific outcome through the application of intention, symbols, herbs, candles, or other tools.

Talisman

An object charged with magical energy to attract or protect — often carried or worn.

Third eye

The sixth chakra, located between and slightly above the eyebrows. Associated with psychic perception, intuition, and inner vision.

Uncrossing

A cleansing working designed to remove a hex, jinx, crossed condition, or run of bad luck from a person.

Warding

Setting up magical protections around a person, home, or object.

Waxing Moon

The phase of the moon between new and full, when the moon is growing. Best for spells of increase, attraction, and growth.

Waning Moon

The phase of the moon between full and new, when the moon is shrinking. Best for release, banishing, and letting go.

Wheel of the Year

The cycle of eight seasonal celebrations observed by many modern witches and pagans, marking the solstices, equinoxes, and cross-quarter days.

Working

Another word for a spell or ritual.

Appendix D

Spell Journaling & Results Tracking

Magic without reflection is just habit. Keeping a spell journal — your personal Book of Shadows — is one of the most valuable practices you can develop. Over time it becomes your greatest magical asset.

What to Record After Every Spell

- Date and time
- Moon phase and day of the week
- Spell name and purpose
- Exactly what you used
- The exact words you spoke
- What you felt during the casting
- Any signs or occurrences within 24–48 hours
- What shifted in the week that followed
- Did the spell work, and if so, how and when?
- What would you do differently next time?

How to Know if a Spell is Working

Results do not always look the way we expect. Signs your spell is working: meaningful dreams about the subject, unexpected coincidences connected to your intention, a feeling of sudden peace and certainty, or the physical arrival of what you asked for.

Signs your spell needs a recast: nothing shifts in two weeks, the candle burned messily with much soot, or you were unable to concentrate during the working.

The Witch's Promise to Herself

Cast your spell. Then let go. Do not check for results every hour. Do not doubt. Do not repeat the spell again and again from anxiety. Set it. Trust it. Let the universe work.

And when the magic shows up — and it will — say out loud: “I see this blessing. I accept it. Thank you.” That gratitude opens the door for more.



Appendix E

Recommended Reading & Resources

The following books have stood the test of time in the witchcraft and folk magic community. They are recommended for practitioners who wish to deepen their understanding of the traditions this grimoire draws upon.

On Hoodoo & Folk Magic

- Hoodoo Herb and Root Magic by Catherine Yronwode — the definitive reference on folk magic ingredients and their uses
- The Conjure Workbook Volume 1 by Starr Casas — practical Southern conjure from a lifelong practitioner
- Backwoods Witchcraft by Jake Richards — Appalachian folk magic traditions

On Candle Magic

- Practical Candleburning Rituals by Raymond Buckland — a classic, comprehensive guide to candle workings
- Candle Magic for Beginners by Richard Webster — accessible and practical

On Kitchen Witchcraft

- The Witches' Almanac — annual reference for magical timing, herbs, and seasonal practice
- A Kitchen Witch's World of Magical Food by Rachel Patterson — thorough guide to food correspondences

On Moon Magic & Cycles

- Moonology by Yasmin Boland — accessible guide to working with lunar cycles

- The Only Astrology Book You'll Ever Need by Joanna Martine Woolfolk — background on planetary correspondences

On General Witchcraft

- The Spiral Dance by Starhawk — a foundational text of modern Wicca and feminist witchcraft
- Witchcraft Today by Gerald Gardner — the book that started the modern witchcraft revival

Online Resources

- Lucky Mojo Curio Company (luckymojo.com) — Catherine Yronwode's encyclopedic hoodoo reference and supply shop
- The Witches' Voice (witchvox.com) — community resource for modern practitioners

Note: Witchy Wendy is not affiliated with any of the above resources and receives no compensation for these recommendations. They are included solely because they are genuinely useful references for practitioners who want to go deeper.



◆ Closing Words from Witchy Wendy ◆

You have reached the end of this book. Now you are ready.

The spells are here. The tools are in your kitchen. The timing is in the moon. The magic is in you. Not because you bought this book, not because you followed the steps perfectly, but because you believed. Because you showed up. Because you dared to change your life with nothing but a candle and a wish.

Use the My Spell Notes pages. Write everything down. Those records will become your most valuable magical asset over time — a map of what works for you specifically, because magic, at its deepest level, is personal. Your intent, your energy, your unique signature in the fabric of things: these are your true tools.

Trust yourself. The witch who second-guesses every working and dismantles her own spells with anxious overthinking will always have weaker results than the one who lights her candle, speaks her truth, and trusts the process with serene confidence. Your belief is not wishful thinking. It is the engine.

Be ethical. Be intentional. Be patient. Be bold.

The universe is listening.

Blessed be,

Witchy Wendy



End of Volume 2

Witchy Wendy's Complete Book of Spells: Volume 2

Published by DIGITAL REIB

◆ Also by Witchy Wendy ◆

If you loved this book, two more volumes are waiting for you.

Volume 1 — The Original Edition

Where it all began. 55 home spells across 17 chapters — love, money, glamour, domination, contact, breakup, revenge, protection, healing, luck, dreams, and cleansing. Written for absolute beginners. No special tools, no rare ingredients required. Includes the exclusive Witchy Wendy Protection Sigil.

Search “Witchy Wendy Complete Book of Spells” on Amazon.

Volume 3 — Advanced Magic for the Home Witch

The most advanced volume in the series. 60 original spells across 19 chapters: Ancestral & Spirit Work, Elemental Magic, Jar Spells, Petition Magic, Mirror Magic, Knot & Cord Magic, Business Spells, Travel Protection, Spell Reversals, Wax Reading, Dream Interpretation, Advanced Cleansing, the Self-Dedication Ritual, Advanced Candle Techniques, and a complete chapter on Weather & Colour Magic.

Also includes: The 12-Month Moon Calendar, The Witch’s Complete Shopping List, and Before & After journal pages after every spell.

Search “Witchy Wendy Volume 3” on Amazon.

Light a candle. Speak your truth. Trust the process.

— Witchy Wendy